

Experiential Learning Week Oct 1-4 2024

Experiential Learning Week (ELW) Course Descriptions

Course Title: Tea for Two			
Fee: \$10.00	HS Credit Earned: FOD 3060 (Food Presentations)	Materials Needed: N/A	

Course Summary

I am so excited for this week, as students witness the power that food has to build community. Food brings up memories and experience of our past and the sharing that food creates new ones. Working together as a Halton Community, students will help *mystery guests* to reconnect with past memories and try to create new ones. This feeling of community will be the result of students planning, preparing and serving a traditional British High Tea.

Course Title: So You Want To Be A				
Fee: \$40-\$100	Fee: \$40-\$100 HS Credit Earned: CTR2310 Materials Needed: pen, paper			

Course Summary

As you make your way through High School, you hear the dreaded, repeated question: "So what are you going to do with the rest of your life?" This course is designed for those who want to explore the non-traditional career options; for those who maybe don't have a career path in mind yet; or for those who just want to get out and explore something new! Do you want to be a pilot? How about a funeral director? A tattoo artist or dog trainer? Join us for an exploration of the quirky, the weird, and the wonderful.

**Cost will be finalized based on approved activities and number of students.

Course Title: Artisanal Delights - Handmade Treasures			
Fee:\$50 -\$100 \$50 - Receive own items \$50 - Sold Treasures	HS Credit Earned: ENT1910 ENT Project A	Materials Needed: Materials and tools supplied for making various treasures. If students need to bring in anything else, a list will be provided.	

Often one's most treasured gifts are those unique and handmade with a personal touch. A handmade gift lets one feel special because rather than receiving a store - bought product that is mass produced, a handmade or artisanal gift is creatively crafted with personalized time and skill. They are artisanal delights and handmade treasures! Should you choose to take this course you will spend one day crafting and designing your own one of a kind beaded gemstone necklaces and / or bracelets. Another day will be spent making natural, good for you and good for the environment essential oil products: bath salts, bath bombs, roller oil blends, bug spray, safe playdough, poo-pourri, room spray and more. Making delicious homemade food treats or gifts will be the focus for another day. For the fourth handmade treasure, students will paint, craft a specific item that they would "gift" to someone.

**Note: As materials/resources for this course are costly, there is a fee of \$100. \$50 of this goes towards students receiving their own items to take home. To make up the other \$50, students will be expected to sell additional products made. Once expenses are recuperated, additional monies collected will go towards hosting Matthew Halton's own Art Show.

Course Title: Sports Through The Eye Of The Official			
Fee: \$0	HS Credit Earned: Rec Leadership 3130	Materials Needed: active clothing,	

Course Summary:Officiating is not easy. Make the right call everybody loves you, but make the wrong call now you are the biggest enemy in the room. So, do you have what it takes? In this course we will look at essential qualities necessary to be a good official, learn the rules and signs for an official in sports. This will be a course that involves both theory and hands-on participation in sports in order to learn the steps necessary to become an official at the highest level. Volleyball and Basketball will be the main focus, but if time may look at some other sports.

Course Title: Forest Bathing			
Fee: \$37.00	HS Credit Earned: HSS1100 (Nature & Wellness)	Materials Needed: Outdoor clothing (raincoat, windbreaker, gloves, hat), hiking boots, water bottle, camera (not a phone), backpack and an open mind.	

The term 'Forest Bathing' references a physiological and psychological practice that first emerged in Japan in the 1980s. The exercise, also known as 'Shinrin-yoku', was developed to achieve two goals; antidote tech burnout and inspire residents to connect with nature. Forest Bathing is open ended in practice and can be as simple as standing in nature and engaging with the smells, sounds, and sights the area provides you. Spending time in nature is connected to cognitive and mental health benefits, as well as improvements in mood and emotional well-being.

Students will participate in 3 different hikes in the Pincher Creek area. Each hike will focus on different wellness skills (walking meditation, journaling, artistic expression) to help students develop habits to calm their minds, in the hopes to decrease stress and anxiety. Students will be expected to create an informational poster about the benefits of spending time in nature with respect to wellness. These posters will be displayed throughout the school!

Course Title: Driver's Education			
Fee: \$40.00	HS Credit Earned: HCS 3010 Workplace Safety Practices	Materials Needed: Pen, Pencil	

Course Summary

This course is being offered in partnership with the AMA Driver's Education program. Students will complete the classroom portion of the program and receive credit from AMA upon completion. After completion of the online program, students and parents can arrange with AMA for the driving portion of this program. Note, this course is for grades 9-12 only. Vroom Vroom!

Course Title: Cosmetology			
Fee: \$50	HS Credit Earned: COS1010	Materials Needed: Various hair tools, make up (optional)	

This introductory cosmetology course offers students a comprehensive foundation in the principles and practices in the cosmetology field. This course covers the essential skills in nail care, personal grooming, and organization, preparing students for further study or entry-level opportunities in the beauty industry. Upon successful completion of the course students will receive WHMIS certification. Students will partake in a field trip to Lethbridge to visit a local beauty school, as well as the potential to tour an active salon owned by Matthew Halton Alumni. This course will use a variety of local hair stylists, and estheticians alike. This experience will provide valuable insight into the professional beauty industry, and a real-world perspective on career paths within cosmetology.

Course Title: Pumping Up Your Fitness Knowledge!				
Fee: tbd HS Credit Earned: REC1040 Materials Needed: Athletic Clothing				

Course Summary

During this four-day course students will have the opportunity to meet with professionals in the field of health and fitness and to participate in a variety of different fitness training programs. There will be a focus on exploring potential career paths involved in the world of fitness. Students will need to be prepared to be active throughout the week as we will be visiting various fitness programs within the community. By the end of the four days, the hope is that students will have a better understanding of the different fitness programming available for their own personal fitness goals, as well as potential career opportunities.

Course Title: Halton Helpers			
Fee: tbd	HS Credit Earned: CCS 1080	Materials Needed:	
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Course Summary

Do you like planning fun activities for kids? What about fundraising for a good cause? Do you want to explore careers related to early childhood education? This course will give you the chance to do all of these and more, while giving back to the Pincher Creek community!

Course Title: School of Rock			
Fee: \$0	HS Credit Earned: FNA 1424 (General Music)	Materials Needed: Your own instrument (if you have one – school has pianos, guitars, and drums)	

Are you ready to rock?! This ELW will have local music aficionados coming in throughout the week to teach you how to jam and is open to skilled musicians and beginners alike. We'll go over basic music theory, note reading, and playing techniques. The final project will be performing at a concert at the end of the week.

Course Title: Skateboard Design and Entrepreneurship			
Fee: Skateboard deck-\$35 Longboard deck- \$50 Skateboard complete-\$100 Longboard complete-\$145	HS Credit Earned: ENT3910: ENT PROJECT D	Materials Needed: Provided	

Course Summary

This intensive four-day course will provide students with hands-on experience in skateboard design, construction, and entrepreneurship. Students will work independently or in teams of two to create their own unique longboard or skateboard, from concept to completion. They will also develop a comprehensive business plan for their own skate brand, learning about market research, branding, pricing, and distribution strategies.

Grade 12 Schedule for Continued Course Learning

Grade 12 students will have their diploma courses continue during ELW. Ms. R and Mr. Van Orman will be taking a group on a field trip on Thursday. They will provide more information to their specific classes.

Grade 12's: Soc 30-1, Soc 30-2, ELA 30-2, Math 30-2

Time	Tues	Weds	Thurs	Fri
Block A Block B	Soc 30-2 ELA 30-2/Soc 30-1	Social 30-2 ELA 30-2/Soc 30-1	Gr. 12 Field Trip	Field Trip Follow Up Assignment
Lunch				
Block C Block D	Math 30-2/30-1 Math 30-2/30-1	Math 30-2/30-1 Math 30-2/30-1		